
Complementary Therapies

Reflexology:

- Standard Reflexology 45 mins £40
- Hot Stones Reflexology 50 mins £45
- Reflexology with Foot Scrub 60 mins £50

Reiki:

- 60 mins £40

Craniosacral Therapy:

- 60 mins £50

Emotional Freedom Technique:

- Energy EFT session 60 mins £50 120 mins £80

R.E.S.E.T (Rafferty Energy System for Easing the Temporomandibular Joint)

- 60 mins (each session, two sessions required) £55 x 2 = £110

Energy re-balancing Utilising a number of energy techniques

- 60 mins £60

Hopi Ear Candling

- 60 mins £40 including some Reiki if desired

Holistic Counselling/Mentoring

- 60 mins £50



**Ethical Organic
Health & Beauty**

Our Treatment Studio often uses products from
the best range of Neal's Yard in Hampshire....
at Hälsa. Of course!



Cancellation Policy

A 20% charge will be made if a treatment is cancelled
the day before an appointment and a 50% charge will
be made if cancelled on the day.

Please contact the team on halsacosmetics@gmail.com or 01730 260060 for an appointment.
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